

Kentucky Association of Hospice and Palliative Care

23rd Annual Conference and Symposium

Advancing the Mission of Hospice & Palliative Care: Caring for Patients & Providers

Main Conference August 16-17 Post-Conference August 18

MARRIOTT GRIFFIN GATE | 1800 Newtown Pike | Lexington, KY

CONFERENCE OVERVIEW

The world has changed dramatically in the past 16 months, but some things remain the same such as the need for high quality, compassionate end of life care. As we begin to emerge from the disruption of the COVID pandemic, we are focused on using the lessons learned to develop creative solutions for delivering the same high-quality care, during and after the pandemic, that is expected from hospice providers.

In the healthcare industry, change is imminent and unavoidable but the past 16 months has pushed change to the brink—challenging providers, patients and families both physically and emotionally. As we move forward, hospice providers must take time to reflect and use what they have learned to prepare, contingency plan and retool the delivery of end of life care.

Hospices must face the challenge of constant change but also continue to hone their expertise to achieve excellence. The foundation for providing these services lies within the providers themselves. Throughout the pandemic, the providers have suffered personally and given endlessly to continue to care for their patients. The 2021 KAHPC conference will cover a full range of engaging topics and speakers but will also focus on the self care providers need in order to continue to give of themselves. The goal of the conference is to provide insight and tools to help attendees keep pace with what is going on in and around the hospice and palliative care industry while at the same time taking good care of their own needs.

The KAHPC Education committee has put together another impressive speaker line up of national and local experts that will guide attendees through discussions about improving ways to provide end of life care for patients and families and for focusing on self care. Throughout the day on Monday and Tuesday, attendees will be able to engage with colleagues to learn from topics covering clinical, management/regulatory, psychosocial/spiritual, self care and palliative care.

We are honored to have **Gary Gardia**, **LCSW**, **APHSW-C**, who will close the 2021 conference. Gary is frequent presenter and keynote speaker at state and national conferences...most frequently in healthcare and hospice settings. He holds master's degrees in both education and social work. Gary received the National Hospice and Palliative Care Organization's "Heart of Hospice Award" for developing innovative programs to meet the needs of caregivers and the bereaved. He has also worked as a psychotherapist in private practice with a specialty in grief and loss, personal growth and development and relationships.

Judi Lund Person, BA, MPH, CHC, will be one of our plenary speakers offering her presentation, "A View from Washington." Judi is the Vice President of Regulatory and Compliance for NHPCO and will share with us the latest changes and updates on the regulatory front which has been voluminous and likely will continue for months to come.

Deborah May, MBA, BSN, RN, a familiar face at KAHPC will also be joining us as a presenter this year. As we continue to see the changes within our society it has become increasingly important for organizations to understand and address the issue of Diversity, Equity and Inclusion. Deborah has spent many years researching and understanding this issue and will provide an interactive discussion with the audience encouraging them to recognize their own biases and understand how they impact the care being provided.

Rounding out our plenary speakers is **Joe Rotella, MD, MBA, HMDC, FAAHPM**. He is the chief medical officer of the American Academy of Hospice and Palliative Medicine (AAHPM). He has 20 years of experience as a hospice medical director and has collaborated on many of AAHPM's quality and policy initiatives, including Measuring What Matters, Choosing Wisely, and an alternative payment model for serious illness.

And finally, recognizing the importance and need for some **Self-Care**, we have incorporated sessions to help attendees cope with the stresses of the past year and those that will come in the future. Sessions teaching the benefits of art therapy, music therapy, meditation, yoga, and reiki have been incorporated into this years conference! Each attendee will be asked to sign up for individual experiences throughout the conference to provide guidance and proven methods to reduce stress, fatigue and burnout. **You will be asked to mark your preferences on the registration form.**

LEARNING OBJECTIVES

After completing this conference, participants will be able to:

- Apply modern strategies to maintain successful palliative care and hospice programs
- Utilize effective clinical interventions to provide better patient care experiences
- Recognize the ever-changing healthcare environment from the regulatory perspective
- Choose valuable psychosocial and spiritual care techniques and strategies to improve end of life outcomes
- Strengthen leadership and management skills
- Utilize techniques to improve self-care

FEATURED PLENARY PRESENTERS



Judi Lund Person, BA, MPH, CHC serves as a key contact with the Centers for Medicare and Medicaid Services, interfacing with hospice payment policy, Part D, survey and certification, contractor management, and program integrity functions, among others. She also represents hospice and palliative care with the Government Accountability Office (GAO), the Medicare Administrative Contractors (MACs), the Drug Enforcement Administration (DEA) and other federal agencies and many national organizations. Recent issues include advocating for changes to the election statement and addendum forms and implementation, advocating for a new process for Part D notification of hospice election, addressing confusion about attending physicians, and ongoing work with the Medicare Administrative Contractors on hospice payment policy issues.

She works daily with hospice providers and state hospice organizations on the ever-increasing array of regulatory and compliance issues and translates complex regulatory language into actionable "plain English" for hospice providers. She works with her team at NHPCO to develop regulatory and compliance tools for hospice providers each year, including hospice payment rates and wage index values and compliance guides to assist providers in achieving compliance with various federal rules and regulations.

Judi graduated with honors from the University of North Carolina at Greensboro with a degree in Sociology and has a Masters in Public Health from the University of North Carolina at Chapel Hill. She holds a Certification in Healthcare Compliance.



Gary Gardia, LCSW, APHSW-C is Over 34 years ago, Gary began his hospice career as a volunteer. Since then he has worked in many capacities leading a variety of teams and departments including volunteers, social workers, bereavement, and education.

Gary holds Master's Degrees in both Education and Social Work and is a Licensed Clinical Social Worker. He also holds the new Advanced Palliative Hospice Social Worker Certification (APHSW-C). Gary received the National Hospice and Palliative Care Organization's (NHPCO) Heart of Hospice Award for developing innovative programs to meet the needs of caregivers and the bereaved and is the recipient of the national social work organization Social Work Hospice and Palliative Network (SWHPN) Award of Excellence in Professional Education.

Gary is a frequent presenter and keynote speaker at state and national conferences and works as a consultant for various businesses and healthcare organizations. He has been instrumental in the creation of the Social Work certification APHSW-C and served as Executive Director.



Deborah May, MBA, BSN, RN is Vice President of Learning, Development and Inclusion at Hosparus Health, Inc. in Louisville, KY. She is responsible for developing and leading the education strategic initiatives for the organization, leadership development and diversity and inclusion. Deborah has been at Hosparus Health for 10 years.

Deborah's unique skills for public speaking, strategy development and her passion for diversity, cultural competence and leadership has been essential to the success she has experienced throughout her nearly 40 - year career in the health care industry. She began her career in 1981 as a critical care nurse at Jewish Hospital in Louisville, KY. She progressed quickly into supervisory roles, patient education and case management through the early 1990's. In the late 1990's she moved into administrative roles throughout the Jewish Hospital HealthCare Services organization with varying operational and management responsibilities. Deborah led JHHS' training, development & diversity functions as well as having administrative responsibilities for Four Court Senior Center, a 90 – bed Nursing and Assisted Living Facility. In 2010 Deborah started May Strategic Solutions LLC, a leadership development, diversity and inclusion consulting company.

Deborah holds a Bachelor of Science Degree in Nursing from Spalding University, Louisville, KY and Masters in Business Administration from the University of Louisville. Deborah received her certification as an Advanced Practitioner/Certified Diversity Professional from Cornell University.



Joe Rotella, MD, MBA, HMDC, FAAHPM is chief medical officer of the American Academy of Hospice and Palliative Medicine (AAHPM). He has 20 years of experience as a hospice medical director and has collaborated on many of AAHPM's quality and policy initiatives, including Measuring What Matters, Choosing Wisely, and an alternative payment model for serious illness.

Joe knew he was bound for medicine when he entered college, but majored in English because he believed medicine belongs as much to the humanities as to the sciences. During his 12 years practicing primary care internal medicine in rural New Hampshire, he witnessed significant suffering in his sickest patients and their families and dedicated himself to finding ways to make their healthcare more human and compassionate. Rotella also founded an oncology support clinic at his local hospital and attended a seminar in England where he was inspired by the work of Dame Cicely Saunders.

Schedule of Events Monday, August 16, 2021

		Clinical Salon D	Quality/ Regulatory Salon E	Psychosocial / Spiritual Salon F	Volunteer Salon G/H	Dixianna Lanes End Room
Breakout Session 1	8:00-9:00	1.1 Controlled Substances: 1,2,3 What You Need to Know Stephanie Hopper, RN, MSN, CHPN Hospice of Hope	1.2 Quality Presentation Eugenia Smither, RN, BS, CHC, CHP, CHE Bluegrass Care Navigators	1.3 The Use of Ritual in Spiritual Care Dina Carroll, M.Div, Hosparus Health Peggy Holthaus, M.Ed. Hosparus Health	Community Outreach During a Pandemic Pam Rowe, BSW Bluegrass Care Navigators Gina Haynes-Sanders Bluegrass Care Navigators	
Welcome	9:00-9:15					
Opening Plenary	9:15-10:15	Past, Present and Future of Palliative Care What You Need to Think About Going Forward So You Don't Get Left Behind Joe Rotella, MD, MBA, HMDC, FAAHPM American Academy of Hospice and Palliative Medicine				
UK Presentation	10:15-11:30	Peer Support to Manage Employee Distress Scott LaJoie, PhD, MSPH University of Kentucky				
Lunch	11:30-12:30	Awards Presentation				
Break	12:30-12:45					
Afternoon Plenary	12:45-1:45	The View From Washington Judi Lund Person, BA, MPH, CHC National Hospice and Palliative Care Organization				
Break	1:45-2:00					
Breakout Session 2	2:00-3:00	2.1 Wound Care Workshop Amber Kirchner, MSN, NPD-BC, CHPN, CWCN Hosparus Health	2.2 Regulatory Deep Dive Judi L. Person, BA, MPH, CHC NHPCO	2.3 Reimagining A Good Death: Psychosocial Impact of COVID-19 in End of Life Care Natalie Ciulla St. Elizabeth Healthcare	2.4 Compassion from a Distance—Striving to Serve in a Pandemic and Beyond Jennifer Curtis Bluegrass Care Navigators	
Self Care Session 1—you'll be assigned to one	3:00-4:00	Yoga/Meditation Lisa King	Art Therapy: Using Perspective for Self- Care and Growth Whitney Clay, ATR- BC, LPAT	Mindfulness: Intro to Mindfulness and Gratitude Practice Lisa M. King, PsyD	Reiki Peggy Holthaus, M.Ed.	Music Therapy: Using Music to Complete the Stress Cycle Maggie Scheppmann MT-BC & Emma Powers MT-BC
Self Care Session 2—you'll be assigned to one	4:00-5:00	Yoga/Meditation Lisa King	Art Therapy (Open Studio) Whitney Clay, ATR- BC, LPAT	Mindfulness: Team Approaches to Self-Care Lisa M. King, PsyD	Breathwork: How "taking a deep breath" Can Help Manage Stress Andrea Soltan, LMT	Music Therapy: Using Music to Complete the Stress Cycle Maggie Scheppmann MT-BC & Emma Powers MT-BC

Schedule of Events Tuesday, August 17, 2021

	,	Clinical Salon D	Regulatory/ Management Salon E	Spiritual/ Psychosocial/ Volunteer Salon G/H	Palliative Care Salon F	Dixianna Lanes End Room
Breakout Session 3	8:00-9:00	3.1 Clinician Self-Care (in the Age of COVID-19) Lisa M. King, PsyD Bluegrass Care Navigators	3.2 Harnessing the Power of #Medtwitter for Lifelong Learning Kshitij Thakur, MD FACP University of Kentucky College of Medicie Jessica McFarlin, MD UK Healthcare	3.3 Assessing and Addressing Spiritual and Existential Pain Rev. Kate Pyle, MDiv. Hosparus Health	3.4 Yes We Can! Addressing Opioid Use Disorder in Hospice and Palliative Practice Katrina Nickels, MD University of KY Edward Dunn, MD Norton Healthcare Elizabeth Farler, RN Bluegrass Care Navigators	
Welcome	9:00-9:15					
Opening Plenary	9:15-10:15	Understanding Diversity, Equity and Inclusion: How It Applies To Each Of Us Deborah May, MBA, BSN, RN Hosparus Health				
Break	10:15-10:30					
Breakout Session 4	10:30-11:30	A.1 Delirium, Depression and Anxiety at the End of Life Daniel Morrow, PharmD Enclara Pharmacia	Government Enforcement Efforts Targeting Hospice Agencies. Are Your Marketing Practices Compliant with the Law? Robert Liles, MS, MBA, JD Liles Parker, Attorneys & Counselors at Law	4.3 Thinking and Moving Toward Wisdom Rev. Diane B. Vego, MAT Hospice Care of St. Elizabeth	End Stage Live Disease: Current Practices and Barriers to High Quality Care Near the End of Life Kshitij Thakur, MD, FACP University of Kentucky Jessica McFarlin, MD UK Healthcare	
Lunch	11:30-12:30					
Afternoon Plenary	12:30-1:30	Getting our Momentum Back After Covid Gary Gardia, LCSW, APHSW-C				
Break	1:30-1:45					
Breakout Session 5	1:45-2:45	5.1 A Heartbeat Away from Comfort: Bridging the Gap in Care for Patients with Heart Disease Stephanie Alvey Banks, BSN, RN Hosparus Health Mary Katherine Probst, PharmD, BCACP, BCGP Hosparus Health	5.2 Integrating Telehealth into Hospice Operations Croswell Chambers Bluegrass Care Navigators Stephanie Greene, Bluegrass Care Navigators	Patient Family Advisory Councils: How Hospice and Palliative Care Can Utilize the Patient Family Experience to Enhance Quality of Care Amy Hill, LCSW Hosparus Health	5.4 Osteopathic Manipulative Treatment for Palliative Care Daniel Dierfeldt, D.O., FAAFP University of Louisville School of Medicine	
Self Care Session 1—you'll be assigned to one	3:00-4:00	Yoga/Meditation Lisa King	Art Therapy: Using Perspective for Self-Care and Growth Whitney Clay, ATR-BC, LPAT	Mindfulness: Intro to Mindfulness and Gratitude Practice Lisa M. King, PsyD	Breathwork: How "taking a deep breath" Can Help Manage Stress Andrea Soltan, LMT	Music Therapy: Using Music to Complete the Stress Cycle Maggie Scheppmann, MT- BC & Emma Powers MT-BC
Self Care Session 2—you'll be assigned to one	4:00-5:00		Art Therapy (Open Studio) Whitney Clay, ATR- BC, LPAT	Mindfulness: Team Approaches to Self-Care Lisa M. King, PsyD	Reiki Rev. Kate Pyle, MDiv.	Music Therapy: Using Music to Complete the Stress Cycle Maggie Scheppmann, MT- BC & Emma Powers MT-BC

Palmetto GBA Post-Conference

Registration Fees and Information

August 18th, 2021

10:00am-3:30pm

Post-Conference for the KAHPC 23nd Annual Conference and Symposium

<u>Course Fee:</u> \$75.00- Member \$125.00- Non-Member

2021 Jurisdiction M (JM) Hospice Medicare Workshop Series

Palmetto GBA is pleased to announce our 2021 Hospice Workshop series. These workshops are designed to equip hospice providers with the tools they need to be successful in Medicare billing, coverage and documentation requirements.

These workshops will provide insight for hospice agency staff at all levels. However, we do suggest that providers who are new to Medicare, or have new staff, attend our online learning courses for beginners at www.PalmettoGBA.com/hhh. Basic billing and other online educational resources can be found by accessing the Learning and Education link under the Education/Events option at the top of the page.

During the workshop series, Palmetto GBA will provide information related to the most common errors identified through a variety of data analyses and some hints and tips as to why these errors occur. Palmetto GBA's goal is to educate providers on the most up-to-date information and apply skillful techniques to their documentation and billing practices.

The following topics will be covered during the workshop:

Workshop Topics for Part I

- Discuss average Length of Stay (LOS)
 - Discuss Non-Cancer Length of Stay (NCLOS) Discuss PEPPER data
- Discuss Medical Review errors
- Discuss the types of live discharges
 Discuss utilization data for live discharges
- Discuss regulatory aspects of the plan of care (POC)

Discuss Office of Inspector General (OIG) findings

SPEAKERS:

- Charles Canaan
- MaKisha Pressley Callaham

Workshop Topics for Part II

- Review hospice Final Rule 2021 updates
- Discuss the Election Statement and addendum
- Back to the basics: Knowing how to resolve the top five Claim Submission Errors (CSEs)
- Hospice updates and reminders to include:
 Medical Review, appeals and more
- Comprehensive Error Rate Testing (CERT)
- Features that are available in eServices
 Benefits of the eServices application
 Functions that are available in eServices
 Educational resources for providers





Genesis Legacy Whole Body Donation Foundation: A Resource for the End-of-Life Journey

Whole-body donation brings about medical innovation every day, helping educate healthcare providers, and advance medical science. Let us be your resource for those interested in leaving a legacy to medical science:

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2021 KAHPC Awards Luncheon

Monday, August 16, 2021

The Kentucky Association of Hospice and Palliative Care annually honors staff, leaders, and community supporters who exemplify providing quality end-of-life care to members of our communities. Your paid registration on Thursday includes admission to the awards luncheon. Additional luncheon tickets for those not registered can be purchased at \$35.00 each.

Please join us in recognizing leaders in our field and our state.

Hospice Innovator Award

♦ For an individual or group who has demonstrated excellence in the use of skills, caring and devotion to patients and colleagues.

Hospice Distinguished Leader Award

♦ For a person demonstrating sensitivity and commitment to the hospice mission and to the promotion of end-of-life care.

Hospice Champion Award

♦ Individuals who have advanced the cause and support of the hospice industry and/ or supported those principles and concepts consistent with values underlying the provision of hospice services.

The Award of Excellence

• For an individual who has attained repeated outstanding support in hospice end-of-life care through advocacy, partnership, and strengthening public policy.

Hospice Pioneer Award

♦ For an individual who has blazed a trail for others to follow within the hospice profession, education, program development, administration, government or community activities.

Above and Beyond Award

For a person demonstrating exemplary actions of heroism or courage beyond the call of duty within their hospice role.





REGISTRATION & INFO

Registration Issues: Contact KAHPC- 888.322.7317

KENTUCKY ASSOCIATION HOSPICE

Registration Fees:	Early Bird KAHPC Member (until July 31st)	KAHPC Member (after July 31st)	Non-Member
Monday (MAIN)	\$165	\$180	\$240
Tuesday (MAIN)	\$165	\$180	\$240
Wednesday (Post-Conference)	\$75	\$75	\$125

CONTINUING EDUCATION OFFERED*:

Nursing

Hosparus Health is an approved Kentucky Board of Nursing Provider. The Kentucky Board of Nursing has approved contact hours as follows: KBN# 4-0123-1222-0021, 8.7 contact hours for Monday, August 16, 2021, and KBN# 4-123 -1222-0022, 8.4 contact hours for Tuesday, August 17, 2021. Kentucky Board of Nursing approval of an individual continuing education provider does not constitute endorsement of program content. To receive contact hours participants must attend the entire day, evaluate the offering, and provide their Kentucky nursing license number.

Social Work

Hosparus Health is approved by the Kentucky Board of Social Work to sponsor continuing education for credential holders [KBSWSP 2021012]. Hosparus Health maintains responsibility for this program and its content. Contact hours for Social Workers are approved as follows: 8.7 contact hours for Monday, August 16, 2021, and 8.4 contact hours for Tuesday, August 17, 2021. To receive contact hours participants must attend the entire day, evaluate the offering and provide their Kentucky social worker license number.

Hotel Information

A block of rooms are being held at the Marriott Griffin Gate Resort in Lexington at the conference rate of \$143 per night double occupancy.

Please call the hotel directly for reservations; identify yourself as a Kentucky Hospice Conference participant.

Marriott Griffin Gate

1800 Newtown Pike Lexington, KY 40511 Phone: (859) 231-5100

EDUCATION COMMITTEE

Debbie Jones, Chair Hospice East

Liz FowlerBluegrass Care Navigators

Janelle Wheeler Heritage Hospice

Euretha Godby
Hospice of Lake Cumberland

Brandy Cantor KAHPC **Croswell Chambers**Bluegrass Care Navigators

Amber Kirchner Hosparus Health

Deborah May Hosparus Health

Turner WestBluegrass Care Navigators

Stephanie Harwood Hosparus Health

Advancing the Mission of Hospice & Palliative Care: Caring for Patients & Providers

Please type or print. Use separate form for each registrant.

First Name:		Last Name:			
Organization:	License #				
Credentials:	Type of Contact Hours requested:				
Job Title:	Email:				
Address:				· · · · · · · · · · · · · · · · · · ·	
City:	State:	ZIP: F	Phone:		
Registration Fees:	Early Bird KAHPC Member (until July 31st)	KAHPC Member (after July 31st)	Non-Member	Amount Due	
☐ Monday ☐ Tuesday	\$165 \$165	\$180 \$180	\$240 \$240		
☐ Wednesday (Post-Conference)	Palmetto GBA	\$75	\$125		
☐ Additional Award Luncheon Tickets (Monday)	\$35 Each	\$35 Each	\$35 Each	 \$	
VISA MasterCard Please Note:	Method o ☐ Check (payable to KAH	of Payment HPC)	ard - Circle one:	Visa / MasterCard	
Credit cards are accepted, however, a \$5.00 service fee		edit Card# Exp. Date:			
will be applied per registration.	Name on Card (print)		3 digit code(on back of card)		
-	Billing address on card:				
	Signature:				
NEW! SELF CARE SESSION	NS		<u>Monday</u>	<u>Tuesday</u>	
Space in each session is lim a 1st Come-1st Served basi		led onArr	ga/Meditation t Therapy: Class t Therapy: Open Studio	Yoga/Meditation Art Therapy: Class Art Therapy: Open Studio	
 Mark your TOP 3 (for each day) our best to accommodate. Attending both days? Please n You will be assigned at least 2 of 	Mu ach day Re	eathwork isic Therapy iki ndfulness	Breathwork Music Therapy Reiki Mindfulness		
* See Schedule for Times*					

Please complete registration form and send payment to:

Lora Sewell

Kentucky Association of Hospice and Palliative Care 305 Ann St., Suite 308, Frankfort, KY 40601 |sewell@mmlk.com | 1-888-322-7317 | F:1-888-755-6531



First Name:

Kentucky Association of Hospice and Palliative Care 23rd Annual Conference and Symposium

Breakout Sessions

Please mark which Breakout Sessions you plan to attend.

NOTE: You're not locked into this. This is just for planning purposes only.

Please type or print. Use separate form for each registrant.

Last Name:

Organization: _			 			
Phone:						
Monday: BF	REAKOUT SE	ESSION 1 (8:00	0am-9:00am)			
□ 1.1	□ 1.2	□ 1.3	□ 1.4			
Monday: BREAKOUT SESSION 2 (2:00pm-3:00pm)						
□ 2.1	□ 2.2	□ 2.3	□ 2.4			
Tuesday: B	REAKOUT S	ESSION 3 (8:0	00am-9:00am)			
□ 3.1	□ 3.2	□ 3.3	□ 3.4			
Tuesday: BREAKOUT SESSION 4 (10:30am-11:30am						
□ 4.1	□ 4.2	□ 4.3	□ 4.4			
Tuesday: BREAKOUT SESSION 5 (1:45pm-2:45pm)						
□ 5.1	□ 5.2	□ 5.3	□ 5.4			



THARK YOU

For Attending

23rd Annual Conference and Symposium



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